REFERENCE AND READING LIST FOR TINNITUS


Clancy, Terri (2003) Tinnitus: Help and Hope Self-Published


Useful Information for Those with Tinnitus

The Tinnitus Association of Canada (TAC)
23 Ellis Park Road
Toronto, Ontario, M6S 2V4
Phone: 416-762-1490
Membership: $10.00 annually
Twice yearly Newsletter

The American Tinnitus Association (ATA)
Portland, Oregon 97207-0005
Phone: 503-284-9985
FAX: 503-284-0024
Membership: $35.00 annually
Quarterly publication: Tinnitus Today
www.ata.org

The British Tinnitus Association
Phone: 01142730122
FAX: 01142796222
Publication: “Quiet”
Email: BTA@tinnitus.org.uk
www.tinnitus.org.uk

American Hyperacusis Association
P.O. Box 4229
Vancouver, Washington 98782
www.hyperacusis.org

International Tinnitus Journal (published twice per year)
To Order: 718-773-8888
www.tinnitus.com

Pawel Jastreboff
Emory Tinnitus & Hyperacusis Center
Emory University, Atlanta, Georgia
www.tinnitus-pij.com

Oregon Hearing Research Center
Oregon Health Sciences University (OHSU)
www.ohsu.edu/ohrc-otda/
Jack Vernon 503-494-7954 Fri 8-4
For Patients

Tinnitus – Questions and Answers  by Jack Vernon & Barbara Tabachnick Sanders  
ISBN 0-205-32685-4  
Price: about $ 55.00 Canadian

Tinnitus – A Self Management Guide for the Ringing in Your Ears  by Jane Henry & Peter Wilson  
Price: about $ 41.00 Canadian

For Professionals

The Psychological Management of Chronic Tinnitus – A Cognitive-Behavioral Approach  
By Jane Henry and Peter Wilson  
Price: about $ 58.00 Canadian (hard cover)
PSYCHOMETRIC EVALUATION OF TINNITUS EFFECTS

Tinnitus Reaction Questionnaire (TRQ)
- developed by Wilson et al, 1991 to measure general distress related to Tinnitus

Tinnitus Handicap Questionnaire (THQ)
- developed by Kuk et al, 1990 to measure perceived degree of handicap associated with Tinnitus, on 3 subscales (emotional, social, physical), (hearing and communication), and (appraisal of the tinnitus)

Tinnitus Questionnaire (TQ) also known as Tinnitus Effects Questionnaire (TEQ)
- developed by Hallman, Jakes and Hinchcliffe, 1988 to measure dimensions of complaints about Tinnitus including insomnia, emotional distress, auditory perceptual difficulties, intrusiveness and somatic complaints

All three questionnaires have considerable merit in the assessment of psychological impairment associated with Tinnitus.

Tinnitus Cognitions Questionnaire (TCQ)
- developed by Wilson, Henry, 1998 and is a self-report scale designed to measure the kinds of thoughts (negative & positive) in response to their Tinnitus

Tinnitus Coping Style Questionnaire (TCSQ)
- developed by Budd & Pugh, 1996 and measures types of coping strategies

Subjective Tinnitus Severity Scale (STSS)
- developed by Halford and Anderson, 1991 to provide an index of general distress related to Tinnitus